

TOUR SPOTLIGHT

by TFTW



Ghana

**AFRICAN HERITAGE AND
CULTURAL HOMECOMING
TOUR**



GHANA

KWAABA. It's an expression you will hear several times daily as you travel around Ghana, one that will ring in your ears at night, and bring a smile to your face for weeks after you leave. Welcome to a haven that combines the charms of a tropical beach idyll with a fascinating historical heritage, rich cultural variety, and some interesting wildlife in the national parks.

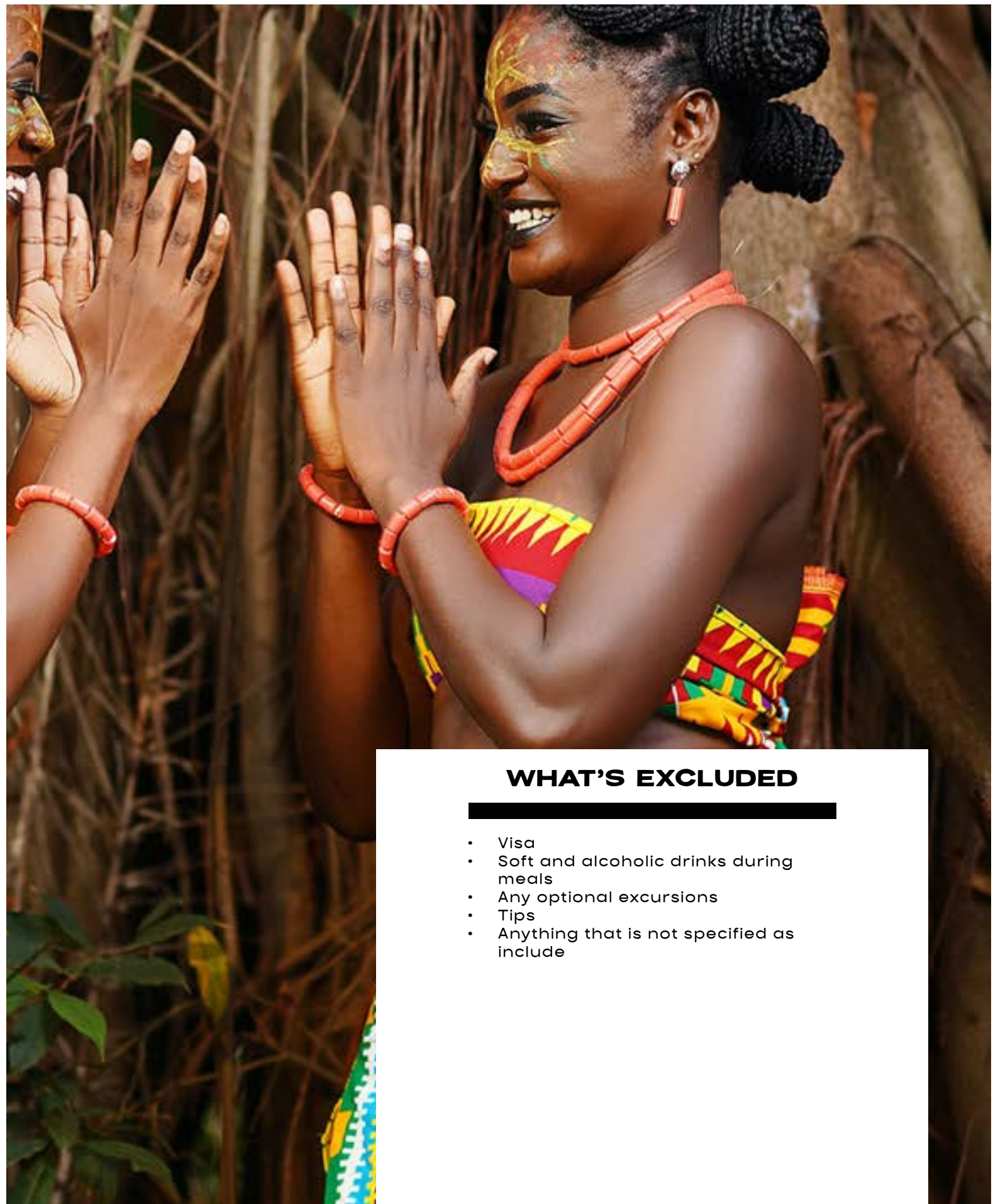
THE BEST TIME TO VISIT

October to March is the best time to visit Ghana, when the climate is marginally cooler and less humid, and you'll miss the spring and summer rains. Harmattan – the Saharan wind – blows in from December, which causes haze, dust and very dry skin. Culture is what Ghana vacations are all about – with opportunities to meet tribal chiefs, learn about the country's dark history at the slave forts and join a colourful festival, with drums, dance and kente cloth.



WHAT'S INCLUDED

- Arrival and departure transfers
- 2 nights in Accra at Swiss Spirit Hotel & Suites Alisa Accra or similar
- 3 nights in Kumasi at Lancaster Kumasi City or similar
- 2 nights in Elmina at Coconut Grove Beach Resort or similar
- 20 meals: 7 breakfasts, 6 lunches, and 7 dinners
- Accra City tour
- Jamestown tour
- Visit Black Star Square
- Visit National Cultural Center
- Visit Kwame Nkrumah Memorial Park
- Visit DuBois Centre
- Visit Aburi Botanical Gardens and Craft Market
- Demonstration of Bead making
- Visit Manhyia Palace
- Visit Okomfo Anokye Sword
- Visit Ancient Kente and Adinkra Villages
- Visit Ashanti Traditional House
- Visit Assin Manso
- Visit Cape Coast Castle
- Visit Elmina Castle
- Visit Kakum National Park Canopy Walkway
- Traditional Naming Ceremony
- Visit Brenu Akyinim School
- Visit Accra Mall
- Transportation in air-conditioned cars
- Mineral water, snacks, and fruits
- All park entrance and excursion fees
- Expert guide



WHAT'S EXCLUDED

- Visa
- Soft and alcoholic drinks during meals
- Any optional excursions
- Tips
- Anything that is not specified as include

TOUR DETAIL

2549

PER PERSON BASED ON DOUBLE OCCUPANCY
ADDITIONAL 719 FOR SINGLE TRAVELERS

8 DAYS - 7 NIGHTS

2 PASSENGER MIN.

DAILY DEPARTURES

DAY-BY-DAY

01

Our expert local tour guides will meet with you on your arrival at the Kotoka International Airport

Accra, which is situated on the beautiful gold coast of Western Africa. You will be transferred to your Accra hotel. Once we have checked you in, our experienced guide will offer you Akwaaba (welcome) and brief you on all aspects of your trip. You can enjoy your evening meal at the hotel restaurant whilst acclimating yourself to West Africa.



Overnight at the hotel

02

On your first day in Ghana, you'll tour Accra, visit the National Museum, Jamestown, and Fort James, while enjoying traditional fabrics and crafts. Lunch will be served at Country Kitchen, and you'll visit Independence Square, the Kwame Nkrumah Memorial Park, and the National Cultural Center before returning to your hotel for dinner and free time.



B,L,D

Overnight at the hotel

03

On this day, the city tour of Accra includes a visit to the DuBois Center, followed by a trip to TK beads and the Aburi Botanical Gardens. The day ends with a visit to the Aburi craft village, lunch in Koforidua, and the journey to Kumasi with the evening free for leisure time.



B,L,D

Overnight at the hotel

04

Enjoy a relaxing breakfast before heading out on a city tour of Kumasi, where we will visit the Manhyia Palace, National Cultural Centre, Kejetia Market, and Okomfo Anokye sword. The tour will offer a firsthand insight into the legacies and culture of the Ashanti people, and the day will end with an optional visit to the Kumasi nightlife.



B,L,D

Overnight at the hotel

05

We visit traditional Asante buildings with 10 active shrines and motifs designed with ancient Adinkra symbols, where Nana Yaa Asantewaa, an important woman in Ashanti history, comes from. We then continue our journey to the villages of Adanwomasie and Ntonso, where we learn about the history of Kente and Adinkra cloth and symbols, and make our own strip of adinkra cloth. After visiting Sokoban Krofrom, known for its traditional brass casting, we return to the hotel for dinner and leisure time.



B,L,D



Overnight at the hotel

06

Enjoy a leisurely breakfast before traveling southwards to Elmina, known for its abundance of gold and significance in the enslaved African trade routes. Visit the Cape Coast Castle, a World Heritage site, and participate in the Rite of Passage program that includes a re-enactment of a slave group in the dungeons, followed by the option to hear the experiences of African Americans who have relocated back to Ghana over dinner.



B, L,D



Overnight on the boat

07

Visit the castle of St. George in Elmina, the oldest colonial building in sub-Saharan Africa and a designated UNESCO world heritage site. Afterward, head to Kakum National Park to explore the rainforest on a canopy walkway, have lunch at Han's Cottage Botel, and participate in a traditional naming ceremony in a local village before enjoying the night at leisure.



B,L,D



Overnight on the boat

08

Visit a local school to meet the children and teachers and maybe participate in a class or sporting activity. After lunch, head back to Accra, visit the Accra Mall and purchase last-minute souvenirs before having an early evening meal at a locally owned restaurant and being transferred to the airport for your departure.



B

TRAVEL REQUIREMENTS

ENTRY REQUIREMENTS

To enter Ghana, foreign nationals are required to possess a valid passport and visa or an entry permit, depending on their country of origin. Travelers must also provide proof of a negative COVID-19 PCR test taken no more than 72 hours prior to departure and undergo health screening upon arrival.

CURRENCY

The currency used in Ghana is the Ghanaian cedi, symbolized as GHS, with denominations of banknotes ranging from 1 to 200 cedis. Coins are also used with denominations ranging from 1 pesewa to 2 cedis.

HEALTH AND SAFETY

Ghana has a generally stable and safe environment for tourists, but it's still important to take the necessary precautions. Visitors should be up-to-date on routine vaccinations and take measures to prevent mosquito-borne illnesses, as well as avoid certain areas at night and take precautions against petty crime.

LANGUAGE

The official language of Ghana is English, which is widely spoken throughout the country. However, there are also many local languages spoken in Ghana, including Akan, Ewe, Ga, Dagbani, and many more.

CULTURE

Ghanaian culture is diverse and vibrant, with a rich history and traditions that have been passed down through generations. The country is known for its music, dance, festivals, cuisine, and hospitality, all of which reflect the warmth and friendliness of the Ghanaian people.

TRAVEL TIPS

PACK SMART

When traveling to Ghana, it's recommended to pack lightweight and breathable clothing suitable for warm and humid weather. Don't forget to bring comfortable walking shoes, insect repellent, sunscreen, and a first-aid kit.

TRY THE LOCAL CUISINE

Ghanaian cuisine is diverse and flavorful, with a variety of stews, soups, and sauces made with ingredients like plantains, cassava, yams, and beans. Some popular dishes include jollof rice, banku, fufu, and kelewele (spicy fried plantains).



Travel Agent

Email

Phone

This land package does not include
airfare, or anything not listed above.
The rates, availability, and inclusions are
subject to change. To book please contact
your travel agent. Rates, availability, and
inclusions are not confirmed until a non-
refundable deposit has been received by
Tours for the World.

