



Trip Details

Costa Rica | 10 Adventure Tours

What's Included

- Meet & greet upon arrival at airport
- Arrival & departure transfer
- Ground transfers on A/C motor coaches
- 3 nights in San Jose at Wydham Gardemn, standard room or similar
- 2 nights in Arenal at Arenal Springs, standard room or similar
- 2 nights in Manuel Antonio at Costa Verde, standard room or similar
- 11 meals: 7 breakfast, 3 lunches, and 1 dinner
- Visit Poas Volcano
- Visit Doka Estate Coffee plantation
- Sky tram & zip line tour
- Visit La Fortuna Waterfall
- Arenal hike
- Visit Ecotermales Hot Springs
- Coastal Kayak & Snorkeling tour
- Guided excursion to Manuel Antonio National Park*
- All taxes and service charges

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- ** Tour in Manuel Antonio will be subject to tide chart & weather.*

Not Included

- Tips
- Meals not mentioned
- All personal expenses
- Depart tax form Costa Rica \$29.00 USD
- Anything not mentioned above



Day by Day

Day 1

Upon arrival, one of our representatives will meet you at the airport and provide a transfer to your hotel located 20 minutes from San Jose downtown.

Hotels: Overnight in San Jose

Meals: NA

Day 2


Begin your morning with breakfast. As you ascend towards the Poás Volcano, you are sure to notice the change in temperature and vegetation. You will see coffee plantations, fern and flower, and strawberry farms along the way, creating a beautiful landscape. On the way to the volcano, you will visit Doka Coffee Estate for a delicious breakfast and a coffee tour. At the coffee plantation, you will learn about the ancient techniques used by the experts to produce one of the best coffees in Costa Rica. Learn about the careful process involved in the cultivation, harvesting, and roasting of the Golden Bean. After the coffee tour, you will continue to Poás Volcano. At the volcano, you will not only admire the impressive main crater with its sulfur fumaroles but also learn about the different ecosystems in this beautiful national park. Following the visit to the volcano, you will continue to La Paz Waterfall Gardens for lunch and a tour. On arrival at La Paz, you will walk through a trail, leading to a spectacular waterfall in the middle of the rainforest. Inside the park, you will also visit the hummingbird gallery, the serpentarium, the birdhouse, the butterfly garden, and the frog's exhibit.

Hotels: Overnight in San Jose

Meals: Breakfast

Day 3

Following breakfast, you will be picked up at your hotel and you will be provided with a shuttle bus transfer to the Arenal Volcano area. In the afternoon, you will be picked at the hotel for your Sky



Tram and zip line tour. Sky Trek starts with a 20 minutes ride in the Sky Tram to reach the top of the Arenal Reserve. You will then begin a tour of adventure full of adrenaline above the treetops, which consists of a system of zip lines that allows you to observe the rainforest and its landscape from a different perspective, safely in an innovative and different system. The tour includes 8 cross-sectional cables that together have a total length of 1.7 miles with distances from 100 to 2,460 feet and with a maximum height of 660 feet, which exceed the treetops providing a panoramic view of the Arenal volcano and lake.

Hotels: Overnight in Arenal

Meals: Breakfast

Day 4

Begin your morning with breakfast; be ready to enjoy the sights and the sounds of the tropic.

Experience its peacefulness as we quietly paddle down the Peñas Blancas River. Monkeys, sloths, iguanas, crocodiles, and numerous tropical birds await you! The excursion heads to the waterfall by car. Later on, you will head back to La Fortuna for lunch. In the afternoon, your tour continues to the Arenal National Park. The tour guide will talk about the natural and geological history of the volcano. You will be able to hear the sounds the volcano makes in the distance, or even cross a path of solid lava from 1992. Enjoy an excellent view of the volcano and Lake Arenal. Leaving the park, you will be taken to the Hot Springs. You can enjoy relaxing baths and waterfalls. At the end of the day, you will enjoy a delicious buffet dinner.

Hotels: Overnight in Arenal

Meals: Breakfast

Day 5

After breakfast, you will be picked up at your hotel and you will be taken to the famous Manuel Antonio National Park. Manuel Antonio is considered to be Costa Rica's most beautiful park, with



enchancing white-sand beaches ideal for swimming, and tropical rainforest forest alive with wildlife.

Look out for the monkeys and iguanas!

Hotels: Overnight in Manuel Antonio

Meals: Breakfast

Day 6

Begin your morning with breakfast at your hotel. Come experience one of Costa Rica's most striking coastlines in an open-seat ocean kayak. You will paddle to Biesanz Bay for a refreshing swim and delicious local snacks. Feel free to have your bilingual naturalist guide direct you to the best snorkeling spots as you experience three small but growing, active, and astounding coral reef systems nestled very close to the shore of Biesanz. You can relax and enjoy the tranquility of a private, white sand beach. After an unforgettable experience at Biesanz, you will continue kayaking towards Manuel Antonio National Park and wonder at the nearby nesting islands where exotic booby birds and frigates call home year-round. Lunch will be served in a traditional Costa Rican restaurant.

Hotels: Overnight in Manuel Antonio

Meals: Breakfast, Lunch

Day 7

After breakfast, you will be transferred to the Manuel Antonio National Park. An experienced nature guide will take you on an informative hike through the park. Our guides know where you are most likely to encounter sloths, monkeys, etc. They will also provide a great deal of information on the history and the flora and fauna during this two-hour walk. Snacks are offered during the tour, and guests may remain in the park afterward. After this tour, you will be picked up at your hotel and you will be provided with a transfer back to San José.

Hotels: Overnight in San Jose

Meals: Breakfast

Day 8

Enjoy the final breakfast of your trip at your hotel. At the appropriate time, you will be transferred from your hotel to take your departing flight home.



Hotels: NA

Meals: Breakfast